- - -

Grades 6 - 8

Monday Tuesday Wednesday --- Entrees ---- - Snack Items - ---- Entrees ---Chef Salad MS/HS CHEESE, Queso Blanco Chef Salad MS/HS Carbs: 56 TWP Carbs: 56 * Soybeans, Eggs, Wheat Carbs: 1 Soybeans, Eggs, Wheat * Milk - - ----Chicken Caesar Wrap Chicken Caesar Wrap Carbs: 57 Carbs: 57 --- Entrees ---* Milk, Fish, Soybeans, * Milk, Fish, Soybeans, Chef Salad MS/HS Eggs, Wheat Eggs, Wheat Carbs: 56 * Soybeans, Eggs, Wheat Buffalo Chicken Cheese Buffalo Chicken Cheese - - -Steak Steak Chicken Caesar Wrap Carbs: 50 Carbs: 50 Carbs: 57 * Milk, Soybeans, Eggs, * Milk, Soybeans, Eggs, Wheat * Milk, Fish, Soybeans, Wheat Eggs, Wheat ---Spicy Chicken Patty Spicy Chicken Patty **Buffalo Chicken Cheese** Carbs: 26 Carbs: 26 Steak * Soybeans, Wheat * Soybeans, Wheat Carbs: 50 * Milk, Soybeans, Eggs, SMUCKER 5.3 OZ SMUCKER 5.3 OZ Wheat UNCRUSTABLE PEANUT UNCRUSTABLE PEANUT - - -**BUTTER AND GRAPE TWP** BUTTER AND GRAPE TWP Spicy Chicken Patty Carbs: 64 Carbs: 64 * Peanuts. Wheat Carbs: 26 * Peanuts. Wheat * Soybeans, Wheat Turkey Hoagie MS/HS Cheeseburger Nachos Bell Grande (w/ beef Carbs: 31 Carbs: 45 crumbles) * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat Carbs: 7 * Soybeans, Wheat Chicken Caesar Salad Cheeseburger - - -MS/HS Carbs: 31 SMUCKER 5.3 OZ Carbs: 39 * Milk, Soybeans, Wheat UNCRUSTABLE PEANUT * Soybeans, Wheat - - -**BUTTER AND GRAPE TWP** Chicken Caesar Salad Carbs: 64 Macaroni and Cheese TWP MS/HS * Peanuts, Wheat Carbs: 50 Carbs: 39 * Milk. Wheat * Soybeans, Wheat Turkey Hoagie MS/HS - - -Carbs: 45 Italian Hoagie MS/HS Italian Hoagie MS/HS * Milk, Soybeans, Wheat Carbs: 43 Carbs: 43 * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat Cheeseburger Carbs: 31 Chicken Patty Chicken Patty * Milk, Soybeans, Wheat Carbs: 39 Carbs: 39 Soybeans, Wheat Soybeans, Wheat

Entrees Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat Italian Hoagie MS/HS Carbs: 43 Milk, Soybeans, Wheat	Entrees Pizza, BIG DADDY'S™ Bold Cheese (8 slices) Carbs: 43 * Milk, Soybeans, Wheat Sides Assorted Canned Fruit
MS/HS Carbs: 39 * Soybeans, Wheat Italian Hoagie MS/HS Carbs: 43 Milk, Soybeans, Wheat	Cheese (8 slices) Carbs: 43 * Milk, Soybeans, Wheat Sides
Italian Hoagie MS/HS Carbs: 43 Milk, Soybeans, Wheat	Sides
Chicken Patty Carbs: 39 * Soybeans, Wheat Sides	Strawberries with Whipped Topping Carbs: 40 * Milk Assorted Fresh Fruit
Individually Wrapped Carbs: 6 Mexicali Corn TWP Carbs: 26 * Wheat Assorted Canned Fruit Assorted Fresh Fruit INEAPPLE, CHUNK IN	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 Stuffed Mini Bell Peppers Carbs: 16 Romaine Boats Carbs: 10 * Soybeans, Wheat Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D
	* Soybeans, Wheat Sides Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 Mexicali Corn TWP Carbs: 26 * Wheat Assorted Canned Fruit Assorted Fresh Fruit INEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22

Tuesday

--- Milk ---

Milk, Strawberry, Fat Free *Carbs: 34*

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D

Carbs: 34
* Milk

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12

* Milk

Milk, Low-fat (1%), With Added Vitamin A and

Vitamin D

Carbs: 12

* Milk

Monday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees
Chef Salad MS/HS	Chef Salad MS/HS	Chef Salad MS/HS	Chef Salad MS/HS
Carbs: 56	Carbs: 56	Carbs: 56	Carbs: 56
* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat
Chicken Caesar Wrap	General's Chicken	Chicken Caesar Wrap	Chicken Caesar Wrap
Carbs: 57	Carbs: 26	Carbs: 57	Carbs: 57
* Milk, Fish, Soybeans, Eggs, Wheat	* Milk, Soybeans, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat
	Chicken Caesar Wrap		
APPETIZER, CHEESE	Carbs: 57	Buffalo Chicken Cheese	Buffalo Chicken Cheese
MOZZARELLA BREADED	* Milk, Fish, Soybeans,	Steak	Steak
WHOLE GRAIN STICK .76	Eggs, Wheat	Carbs: 50	Carbs: 50
0		* Milk, Soybeans, Eggs,	* Milk, Soybeans, Eggs,
Carbs: 35 * Milk, Wheat	Buffalo Chicken Cheese Steak	Wheat	Wheat
	Carbs: 50	Spicy Chicken Patty	Spicy Chicken Patty
Buffalo Chicken Cheese	* Milk, Soybeans, Eggs,	Carbs: 26	Carbs: 26
Steak	Wheat	* Soybeans, Wheat	* Soybeans, Wheat
Carbs: 50			
* Milk, Soybeans, Eggs,	Spicy Chicken Patty	SMUCKER 5.3 OZ	SMUCKER 5.3 OZ
Wheat	Carbs: 26	UNCRUSTABLE PEANUT	UNCRUSTABLE PEANUT
	* Soybeans, Wheat	BUTTER AND GRAPE TWP	BUTTER AND GRAPE TWP
Spicy Chicken Patty		Carbs: 64	Carbs: 64
Carbs: 26		* Peanuts, Wheat	* Peanuts, Wheat
* Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT		
	BUTTER AND GRAPE TWP	Turkey Hoagie MS/HS	Turkey Hoagie MS/HS
SMUCKER 5.3 OZ	Carbs: 64	Carbs: 45	Carbs: 45
UNCRUSTABLE PEANUT	* Peanuts, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
BUTTER AND GRAPE TWP	= = =		
Carbs: 64	Turkey Hearin MC/HC	Charachuman	Ch a a a a h
* Peanuts, Wheat	Turkey Hoagie MS/HS Carbs: 45	Cheeseburger Carbs: 31	Cheeseburger Carbs: 31
	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
Turkey Hoagie MS/HS			
Carbs: 45			
* Milk, Soybeans, Wheat	Cheeseburger	Cheese Steak	Jake's Pizza
	Carbs: 31 * Milk, Soybeans, Wheat	Carbs: 43 * Milk, Soybeans, Wheat	Carbs: 55
Cheeseburger	wilk, Soybeans, Wheat	ivilik, Soybeans, Wheat	
Carbs: 31			Chicken Caesar Salad
* Milk, Soybeans, Wheat	Chicken Caesar Salad	Chicken Caesar Salad	MS/HS
	MS/HS	MS/HS	Carbs: 39
Chicken Caesar Salad	Carbs: 39 * Soybeans, Wheat	Carbs: 39 * Soybeans, Wheat	* Soybeans, Wheat
MS/HS	Soybeans, wheat	Soybeans, wheat	
Carbs: 39			Italian Hoagie MS/HS
* Soybeans, Wheat	Italian Hoagie MS/HS	Italian Hoagie MS/HS	Carbs: 43
	Carbs: 43	Carbs: 43	* Milk, Soybeans, Wheat
	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	

Monday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees
Italian Hoagie MS/HS Carbs: 43	Chicken Patty Carbs: 39	Chicken Patty Carbs: 39	Chicken Patty Carbs: 39
* Milk, Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat
			
Chicken Patty Carbs: 39	Sides	Sides	Sides
* Soybeans, Wheat	Carrots, Baby, Fresh, Individually Wrapped	BROCCOLI, FRESH Carbs: 6	Apple Pie Fruit Salad Carbs: 19
Sides	Carbs: 6		
Tossed Salad Carbs: 6	Soy Glazed Green Beans Carbs: 5 * Soybeans	Carrots, Baby, Fresh, Individually Wrapped <i>Carbs</i> : 6	Cucumber and Tomato Salad ES/MS Carbs: 6
Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Assorted Canned Fruit RICE, BROWN LONG	APPLESAUCE, PEACH UNSWEETENED SS PLASTIC CUP Carbs: 14	Romaine Boats Carbs: 10 * Soybeans, Wheat
Mixed Vegetables, No Salt Added, Frozen Carbs: 12	GRAIN PARBOILED TWP Carbs: 32	Assorted Canned Fruit	Assorted Canned Fruit
Sautéed Cinnamon Pears Carbs: 22	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP	Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 17	Assorted Fresh Fruit
	CANNED TWP Carbs: 23	Carps. 17	Milk
Assorted Canned Fruit		Assorted Fresh Fruit	Milk, Strawberry, Fat Free Carbs: 34
	Assorted Fresh Fruit		Milk, Chocolate, Non-fat,
Assorted Fresh Fruit		Milk	With Added Vitamin A and Vitamin D
	Milk	Milk, Strawberry, Fat Free	Carbs: 34
	Milk, Strawberry, Fat Free	Carbs: 34	* Milk
	Carbs: 34 Milk, Chocolate, Non-fat,	Milk, Chocolate, Non-fat, With Added Vitamin A and	Milk, Lactose and Fat Free * Milk
	With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk	Vitamin D <i>Carbs: 34</i> * <mark>Milk</mark>	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12
	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	* Milk Milk, Low-fat (1%), With
	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk
	* Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs:</i> 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	

Monday

--- Milk ---

Milk, Strawberry, Fat Free *Carbs: 34*

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34

* Milk

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D

Carbs: 12
* Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D

Carbs: 12
* Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56
* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat
Egg and Cheese Croissant	Chicken Caesar Wrap	Chicken Caesar Wrap	Bacon Cheeseburger	Chicken Caesar Wrap
Sandwich Carbs: 31	Carbs: 57 * Milk, Fish, Soybeans,	Carbs: 57 * Milk, Fish, Soybeans,	Carbs: 30 * Soybeans, Wheat	Carbs: 57 * Milk, Fish, Soybeans,
* Milk, Soybeans, Eggs,	Eggs, Wheat	Eggs, Wheat		Eggs, Wheat
Wheat			Chicken Caesar Wrap	
Chicken Caesar Wrap	Buffalo Chicken Cheese Steak	Buffalo Chicken Cheese Steak	Carbs: 57 * Milk, Fish, Soybeans,	Buffalo Chicken Cheese Steak
Carbs: 57	Carbs: 50	Carbs: 50	Eggs, Wheat	Carbs: 50
* Milk, Fish, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat		* Milk, Soybeans, Eggs, Wheat
			Buffalo Chicken Cheese Steak	
Buffalo Chicken Cheese	Spicy Chicken Patty	Spicy Chicken Patty	Carbs: 50	Spicy Chicken Patty
Steak Carbs: 50	Carbs: 26 * Soybeans, Wheat	Carbs: 26 * Soybeans, Wheat	* Milk, Soybeans, Eggs, Wheat	Carbs: 26 * Soybeans, Wheat
* Milk, Soybeans, Eggs, Wheat				
vviieat 	Tacos	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT	Spicy Chicken Patty	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT
Spicy Chicken Patty	Carbs: 26 * Soybeans	BUTTER AND GRAPE TWP	Carbs: 26 * Soybeans, Wheat	BUTTER AND GRAPE TWP
Carbs: 26 * Soybeans, Wheat		Carbs: 64 * Peanuts, Wheat		Carbs: 64 * Peanuts, Wheat
	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT		SMUCKER 5.3 OZ UNCRUSTABLE PEANUT	
SMUCKER 5.3 OZ	BUTTER AND GRAPE TWP	Turkey Hoagie MS/HS	BUTTER AND GRAPE TWP	Turkey Hoagie MS/HS
UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP	Carbs: 64 * Peanuts, Wheat	Carbs: 45 * Milk, Soybeans, Wheat	Carbs: 64 * Peanuts, Wheat	Carbs: 45 * Milk, Soybeans, Wheat
Carbs: 64			realiuts, Wileat	
* Peanuts, Wheat	Turkey Hoagie MS/HS	Cheeseburger	Turkey Hoagie MS/HS	Cheeseburger
	Carbs: 45	Carbs: 31	Carbs: 45	Carbs: 31
Turkey Hoagie MS/HS Carbs: 45	* Milk, Soybeans, Wheat			
* Milk, Soybeans, Wheat	Cheeseburger	Meatball Sub MS/HS	Cheeseburger	Chicken Caesar Salad
Chanahuraar	Carbs: 31	Carbs: 50	Carbs: 31	MS/HS Carbs: 39
Cheeseburger Carbs: 31	* Milk, Soybeans, Wheat	* Soybeans, Wheat	* Milk, Soybeans, Wheat	* Soybeans, Wheat
* Milk, Soybeans, Wheat	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	
Chicken Caesar Salad	MS/HS	MS/HS	MS/HS	Pizza, BIG DADDY'S™ Bold
MS/HS	Carbs: 39 * Soybeans, Wheat	Carbs: 39 * Soybeans, Wheat	Carbs: 39 * Soybeans, Wheat	Cheese (8 slices) Carbs: 43
Carbs: 39 * Soybeans, Wheat				* Milk, Soybeans, Wheat
Soybeans, Wheat	Italian Hoagie MS/HS	Italian Hoagie MS/HS Carbs: 43	Italian Hoagie MS/HS Carbs: 43	
	Carbs: 43 * Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43
				* Milk, Soybeans, Wheat

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat
Chicken Patty Carbs: 39	Sides	Sides	Sides	Sides
* Soybeans, Wheat	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Strawberries with Whipped Topping Carbs: 40 * Milk	Popcorn Cauliflower Carbs: 13 * Milk, Soybeans, Wheat	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6
McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13	Assorted Canned Fruit Assorted Fresh Fruit	Assorted Canned Fruit Assorted Fresh Fruit	Celery Sticks w/ Peanut Butter Carbs: 7 * Peanuts, Soybeans	Cranapple Spinach Salad ES/MS Carbs: 31 * Wheat Spinach, Leaves, Fresh
JUICE, ORANGE 100% SS CUP FROZEN TWP Carbs: 13	Black Bean and Corn Salad Carbs: 28	Cinnamon Maple Roasted Sweet Potatoes Carbs: 36	CRAISINS CHERRY FLAVORED POUCH Carbs: 28	Assorted Canned Fruit
Baked Apples Carbs: 19 * Soybeans	PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22	Carrots, Baby, Fresh, Individually Wrapped	Assorted Canned Fruit	Assorted Fresh Fruit Chickpea Salad
Apple Slice, Unsweetened, Canned	Milk	Carbs: 6 	Assorted Fresh Fruit	Carbs: 8
Assorted Canned Fruit Assorted Fresh Fruit	Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin D Carbs: 34	BROCCOLI, FRESH Carbs: 6 Milk Milk, Strawberry, Fat Free	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Sidekicks Frozen BlueRaspberry-Lemon Carbs: 23 Milk
	* Milk Milk, Lactose and Fat Free * Milk	Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D	* Milk Milk, Non-fat, With Added Vitamin A and Vitamin D	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
	<i>Carbs: 12</i> * <mark>Milk</mark> 	Carbs: 12 * Milk Milk, Low-fat (1%), With	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
		Added Vitamin A and Vitamin D Carbs: 12 * Milk	* Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin D Vitamin D Carbs: 12 * Milk

Monday

--- Milk ---

Milk, Strawberry, Fat Free *Carbs: 34*

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34

* Milk

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D

Carbs: 12
* Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D

Carbs: 12
* Milk

Monday Tuesday Wednesday - - Snack Items - ---- Entrees ------ Entrees ---Campbell's Classic Chef Salad MS/HS Chef Salad MS/HS Condensed Tomato Soup Carbs: 56 Carbs: 56 **TWP** Soybeans, Eggs, Wheat Soybeans, Eggs, Wheat Carbs: 20 * Wheat Chicken Caesar Wrap Chicken Caesar Wrap - - -Carbs: 57 Carbs: 57 * Milk, Fish, Soybeans, * Milk, Fish, Soybeans, --- Entrees ---Eggs, Wheat Eggs, Wheat Chef Salad MS/HS Carbs: 56 Buffalo Chicken Cheese Buffalo Chicken Cheese Soybeans, Eggs, Wheat Steak Steak - - -Carbs: 50 Carbs: 50 Chicken Caesar Wrap * Milk, Soybeans, Eggs, * Milk, Soybeans, Eggs, Carbs: 57 Wheat Wheat * Milk, Fish, Soybeans, Eggs, Wheat Spicy Chicken Patty Spicy Chicken Patty Carbs: 26 Carbs: 26 **Grilled Cheese** Soybeans, Wheat * Soybeans, Wheat Carbs: 64 - - -* Milk, Soybeans, Wheat SMUCKER 5.3 OZ SMUCKER 5.3 OZ UNCRUSTABLE PEANUT UNCRUSTABLE PEANUT **Buffalo Chicken Cheese** BUTTER AND GRAPE TWP **BUTTER AND GRAPE TWP** Steak Carbs: 64 Carbs: 64 Carbs: 50 * Peanuts. Wheat * Peanuts. Wheat * Milk, Soybeans, Eggs, Wheat Turkey Hoagie MS/HS Turkey Hoagie MS/HS Carbs: 45 Carbs: 45 Spicy Chicken Patty * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat Carbs: 26 * Soybeans, Wheat Cheeseburger Cheeseburger - - -Carbs: 31 Carbs: 31 SMUCKER 5.3 OZ * Milk, Soybeans, Wheat * Milk, Soybeans, Wheat **UNCRUSTABLE PEANUT** - - -- - -**BUTTER AND GRAPE TWP** Chicken Caesar Salad Chicken Caesar Salad Carbs: 64 MS/HS MS/HS * Peanuts, Wheat Carbs: 39 Carbs: 39 Soybeans, Wheat * Soybeans, Wheat Cheeseburger - - -- - -Carbs: 31 Sliced Turkey w/ Gravy ES Italian Hoagie MS/HS * Milk, Soybeans, Wheat Holiday Dinner Carbs: 43 Carbs: 4 * Milk, Soybeans, Wheat Chicken Caesar Salad * Milk, Soybeans, Wheat MS/HS - - -Chicken Patty Carbs: 39 Italian Hoagie MS/HS Carbs: 39 * Soybeans, Wheat Carbs: 43 Soybeans, Wheat * Milk, Soybeans, Wheat - - -

Monday Tuesday Wednesday --- Entrees ------ Entrees ------ Entrees ---Italian Hoagie MS/HS Chicken Patty Pizza, BIG DADDY'S™ Bold Carbs: 43 Cheese (8 slices) Carbs: 39 * Milk, Soybeans, Wheat * Soybeans, Wheat Carbs: 43 * Milk, Soybeans, Wheat - - -Chicken Patty - - - Sides - - -Carbs: 39 - - - Sides - - -* Soybeans, Wheat Carrots, Baby, Fresh, Individually Wrapped Assorted Canned Fruit - - -Carbs: 6 --- Sides ---Assorted Fresh Fruit APPLESAUCE, MCCAIN MASH MAKERS STRAWBERRY BANANA REDUCED SODIUM Carrots, Baby, Fresh, **UNSWEETENED SS** SEASONED MASHED Individually Wrapped PLASTIC CUP POTATOES 6 Carbs: 6 Carbs: 14 Carbs: 26 * Milk - - -- - -APPLESAUCE, CINNAMON Celery, Raw, Sticks **UNSWEETENED SS** Carbs: 2 DOUGH, COOKIE SUGAR PLASTIC CUP TWP WHOLE-GRAIN-RICH Carbs: 14 ASSORTED SHAPE 1.2 OZ Assorted Fresh Fruit - - -F Carbs: 18 Romaine Boats * Milk, Eggs, Wheat Goldfish Pretzel Crackers Carbs: 10 WG SS .75 oz TWP * Soybeans, Wheat Carbs: 16 Dinner Roll WG * Milk, Wheat Carbs: 18 Celery Sticks w/ Peanut - - -* Soybeans, Wheat Butter - - -Carrots, Baby, Fresh, Carbs: 7 Individually Wrapped * Peanuts, Soybeans Assorted Canned Fruit Carbs: 6 - - -- - -Assorted Fresh Fruit Del Monte® Low Sodium Cut Green Beans 101 oz. Can Carbs: 4

Monday	Tuesday	Wednesday
Milk	Milk	Milk
Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Lactose and Fat Free * Milk	e Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk